

“This devotional speaks directly from the heart of our Heavenly Papa. I love how it brings about a purposeful focus in strategic prayer to end abortion.”

~Jennifer Milbourn, Vacuum Aspiration Abortion Survivor, Abortion Survivors Network

“Cheryl’s book helps people with the most powerful weapons to help end abortion: prayer, God’s truth, and worship! She leads people through their quiet time with the Lord; helps them prepare their hearts to go to battle for the unborn, mothers and fathers; and shows how to worship Jesus during the battle. I love her kindness and heart behind this book. What a great guide to help our hearts stay on track to be bold in our prayers to end abortion but also love others well.”

~Serena Dyksen, Founder and Author of *She Found His Grace*
SerenaDyksen.com

“A fresh approach to changing abortion law forever. Cheryl Krichbaum introduces worship as the battle plan to stop the practice that destroys millions of lives every year: lives of babies, mothers, fathers, and practitioners.”

~Faye Bryant, Speaker, Life Purpose Coach, and Author of *Coffee, Bible, Journal*; *The Grandma, Mom, and Me Saga*; and *Ramblings from the Shower*
FayeBryant.com

“Written from the heart of a woman who has experienced the healing power of our grace-filled, love-motivated, powerful Heavenly Father, *Worship to End Abortion* beckons the reader with the life changing, life healing power of Jesus Christ. This scripture-rich guide is anointed with hope. Cheryl is your seasoned tour guide on a journey of engaging the Lord in worship to bring about the end of what nearly was the end of her. More Christians need to be equipped for spiritual battle, and Cheryl’s devotional guide will help many confidently put on their armor!”

~Briana Nei, Founder of Revealed Ministries for Women, Speaker, and Author of *Revealed in Ephesians: The Mystery of Who I Am in Christ*
BrianaNei.com

WORSHIP
TO END ABORTION
Your Prayer Guide

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for

Joy Marie

d. June 18, 1987

&

Andrew Towler

who re-introduced me to the power of worship

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INTRODUCTION

Becoming Worship Warriors in the Spiritual Battle of Abortion

Abortion is a spiritual battle.

Because abortion^a evokes strong feelings about politics, women's rights, and defenseless pre-born babies, we often forget about the spiritual battle. We choose to get angry and neglect to put on our Armor of God and battle in prayer.

Changing abortion laws will not end abortion. Yes, fewer women would abort if it were illegal. As a post-abortive woman myself, I can unequivocally say that I would have given birth if abortion had been illegal in 1987. In contrast, Abby Johnson has said that she would have had illegal abortions. Without a change in our hearts, abortion will continue to be a “solution” women and men pursue.

a Throughout this book, the term *abortion* means *elective abortion* because, unfortunately, our dictionaries define *miscarriage* as *spontaneous abortion*. If I were the editor of the dictionary, I would define *miscarriage* as *the death of a pre-born baby without the assistance of people* and *abortion* as *the murder of a pre-born baby*.

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If abortion were to become illegal today, it would go underground. Not only would we have abortions in facilities similar to Kermit Gosnell's^a but also a new illegal drug trade. People feel so strongly about abortion that changing the laws could be a precursor for a second civil war. Changing the laws would be a small win compared to making abortion unthinkable.

To make abortion unthinkable, we Christians need to educate ourselves, teach others, and be worship warriors in this spiritual battle.

Ending abortion starts with us. The more love, joy, and peace Christians share with women and men, the less they will choose abortion and the extramarital sex that creates the “need” for abortion.

The fruit of the [Holy] Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such things there is no law. (Galatians 5:22-23 NASB, emphasis mine)

We do not end abortion through politics but by the power of God at work within us.

Now to Him who is able to [carry out His purpose and] do superabundantly more than all that we dare ask or think [infinitely beyond our greatest prayers, hopes, or dreams], according to His power that is at work within us, to Him be the glory in the church and in Christ Jesus throughout all generations forever and ever. Amen. (Ephesians 3:20-21 AMP, emphasis mine)

In this book, you will learn:

- How to use God's armor to protect yourself in battle
- Why worship is a powerful weapon

a GosnellMovie.com

Ann McElhinney and Phelim McAleer, *Gosnell: The Untold Story of America's Most Prolific Serial Killer* (Washington, DC: Regnery Publishing, 2018).

- Why women see abortion as a justice issue for themselves
- What is the history of abortion in the U.S.
- What happens to women and men spiritually when they choose abortion
- How to make a difference through worshipful prayer, giving, and speaking the truth in love

Each chapter includes a Bible story, its application to the abortion conversation, and suggested prayers.

Pray the 40 daily prayers word-for-word or use them as a guide for your own prayers using the provided scriptural references.

Start your prayers the way you want.^a End your prayers the way you want.^b I don't care what denomination you follow or don't follow. I simply ask for Christ's disciples to stand firm^c as one in Him.^d

You may pray these prayers anytime, of course, but I hope that you will also pray in concert with the fall and spring **40 Days for Life** campaigns.

40 Days for Life is an internationally coordinated 40-day campaign that aims to end abortion locally through prayer and fasting, community outreach, and a peaceful all-day vigil in front of abortion businesses.^e

The fall campaign begins on the 4th Wednesday in September. The spring campaign begins on Ash Wednesday.^f Join me and

a The name of the Lord is a strong tower; The righteous runs into it and is safe. (Proverbs 18:10 NASB)

b "If you ask the Father for anything in My name, He will give it to you." (John 16:23b NASB)

c Ephesians 6:10, 13, 14

d John 17:11

e 40 Days for Life (website), "About Overview: Helping to End the Injustice of Abortion." Accessed July 1, 2020. <https://www.40daysforlife.com/about-overview.aspx>.

f on the Roman calendar, not the Orthodox calendar

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others like yourself on social media for group prayer, additional teachings, and worship parties.

@CherylKrichbaum on Facebook, Instagram, and Twitter

@MybodyMyworship on YouTube

Make this prayer guide your daily devotional or read it with your small group. Invite your friends!

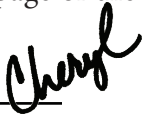
Let us be worship warriors against this present darkness and agape^a love warriors for the people on the earth. Let us pray for life on earth as it is in heaven.^b



I want to do one last edit of this book before sending it to print. I should get a review copy to make sure that it's perfect. *But there's no time!* I sense an urgency to pray and worship right now in the 40 days leading up to the 2020 elections even though this book does not promote political parties or candidates.

If you find mistakes, please send them to me through my website at MybodyMyworship.org, and I will credit you on the acknowledgments page of the next printing.

In Christ,



a Greek, the original language of the New Testament, has multiple words that we translate into English as the word *love*. *Philo*, *eros*, and *agape* are three well-known Greek words for *love*:

- *Philo* translates to *brotherly love*. You'll find it in *Philadelphia*, the City of Brotherly Love. *Philo* is also one of the words for *love* in John 21:15-17 (The first two times, Jesus asks Peter, "Do you *agape* me?" and Peter responds, "Yes, Lord, You know that I *philo* You.")
- *Eros* is from the Greek god Eros, which the Romans called Cupid. It translates to *lust* or *desire*. You'll find it in the words *erotic* and *erotica*. Today when we talk about *making love*, we mean *eros*. The word *eros* is not in the Bible.
- In contrast, *agape* means *fond of, to love dearly*; it is a *deliberate, mindful love*. When the Apostle John says, "God is *agape*" (1 John 4:8, 16), he's saying that God is deliberately and mindfully loving us dearly.

If we're to be like God and make Him known to the world, then we need to love like Him.

b Matthew 6:10

Boot Camp



DAY 1

Put on Your Armor of God

Jesus, the One from above,^a open my mind to understand the Scriptures.^b

Suit Up

Ephesians 6:10-20

*“I am not afraid... I was born to do this.”
-Joan of Arc*

As she covered her feet with leather and fastened plate armor over her legs, perhaps Joan of Arc said, “I will stand firm in the Lord’s ways and trust in Him always. With His peace in my heart, I stand ready. May the whole infantry stand ready for peace.”

As her breastplate and backplate were set in place, perhaps she said, “Forgive my sins, my Lord. Give me a clean heart and renew a steadfast spirit within me.^c With this breastplate, I guard

a John 8:38

b Luke 24:45

c Psalm 51:10

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my heart for everything I do flows from it.^a Lord, thank You for protecting all my vital organs, especially my lungs through which I inhale Your Breath^b of life.”

Perhaps she said, “May the belt of truth, my Lord, hold everything together” as the waistband was fastened.

As she took up her helmet, perhaps she said, “The knowledge of Christ’s sacrifice so that I may have eternal life protects my every thought from fear of evil for You are Lord of heaven and earth.”

As she took up her shield, perhaps she said, “With this shield, I deflect every fiery dart for the enemy cannot distract me from my mission.”

As she took up her short sword, perhaps she said, “Work through me, Lord, to defeat every enemy that dares to get close enough. I am on a mission, and I will not be deterred.”



The Real Enemy

We may not be putting on actual armor as Joan of Arc did, but we certainly need to prepare ourselves for battle.

However, we must remember that elected officials, abortion facility staff, celebrity post-abortive women, and rich men and women who fund political campaigns are not the real enemy, for our struggle is not against flesh and blood but against the spiritual forces of darkness.^c Even though we see these people as

a Proverbs 4:23

b In both the Old Testament Hebrew and the New Testament Greek, the word *Spirit* means *breath*, so *Holy Spirit* is *Holy Breath*.

c Ephesians 6:12

PUT ON YOUR ARMOR OF GOD

the faces of the pro-abortion movement, let us not forget they are hired soldiers who believe the devil's lies.

Jesus said, "The devil... was a murderer from the beginning and does not stand in the truth because there is no truth in him. Whenever he speaks a lie, he speaks from his own nature, for he is a liar and the father of lies." (John 8:44 NASB)

The devil does not want people to do God's will or to fulfill their purposes.

We do not win this war by attacking people. When we attack people, we are not doing God's will because we are called to love our neighbors.^a We must fight against the devil with the best weapon there is—God. God is love.^b God is truth.^c God is life,^d and all people throughout the world are offered the gift of eternal life through Christ:

*"The gift of God is eternal life in Christ Jesus our Lord."
(John 6:23)*

No matter how angry people make us, we must respond to them with love and also respond to the thief who comes to kill, steal, and destroy^e with the sword of the Spirit.^f

This is the mission if you choose to accept it: *love people while battling evil.*

This is the mission if you choose to accept it: love people while battling evil.

Do not join this battle without your armor. The devil will attack you, so do not enter battle unprotected. Be like Joan of Arc and suit up with the *Day 1* prayer (on page 6) or another Armor of God prayer.

a Matthew 22:39 (part two of the Greatest Commandment)

b 1 John 4:8, 16

c John 14:6

d John 14:6

e John 10:10

f Ephesians 6:17

Suggested Prayers

Day 1

Ephesians 6:10-18, Proverbs 18:10

Lord, I praise you that I am strong in You and that I am in the power of Your might. Today, I put on the whole armor that You gave me so that I am able to stand against the schemes, strategies, and deceits of the devil. I take up the whole armor so that I am able to withstand evil, having done all that crisis demands, to stand victorious.

Thank You for girding my waist with truth. I confess my sins to You now so that my breastplate of righteousness is securely in place, protecting all my vital organs. Thank You that my feet are firmly grounded with the gospel of peace.

Thank You for reminding me throughout the day to defend myself by using the shield of faith to quench all the fiery darts of the wicked one. Thank You for my helmet of salvation, which protects my mind. Thank You for the sword of the Spirit, the word of God, my only offensive piece of armor.

Thank You for reminding me to pray and ask in the Spirit throughout the day, staying alert for all of Your people.

Prayer for 40 Days for Life

Lord, I stand firm for those who are praying and counseling at abortion facilities around the world. Remind them to put on their armor every day so that they withstand and stand victorious.

I praise You for girding these prayer warriors with the truth. Protect their hearts and minds. Thank you for grounding them in the gospel of peace.

Give each of them strong shields to quench every fiery dart of wickedness. Thank you for equipping them with the sword of the Spirit.

PUT ON YOUR ARMOR OF GOD

Your name is a strong tower, Lord. The righteous run inside it and are safe. We bring you the 40 Days for Life prayer warriors. Thank You for keeping them safe. Standing firm in Your name we pray, Amen.

Sleeping Well

Not only suit up in the morning, but prepare yourself to sleep well. Once I learned to suit up in the morning, I began to experience spiritual attacks in the night. I would wake up several times per night or would wake up from a bad dream. Nights are vulnerable times for me. Let me share with you my strategies for sleeping well.

First, before bed, I pray the Day 1 prayer.

Second, I pray that God would show me every door and window of my “spiritual house” that is not locked down tightly to keep evil out. I have had dreams in which I am scurrying around my house locking all the doors and windows to prevent evil from entering. The dream is recurring. Sometimes, evil managed to get into a door that I neglected to lock. One time, I dreamt that I invited someone into my house, but my guard dog wouldn’t let him in.

Now, in addition to praying that I am protected by my spiritual armor, I also thank God for showing me every door and window that I need to lock so that evil cannot enter.

Third, I listen to Christian praise or meditative music as I fall asleep.

Fourth, if I wake up with a bad dream, I do some self-examination to see if I have unconfessed sin. If I had an angry dream, then I likely have pent-up anger for someone I need to forgive. That’s when I tell God that I’m sorry for letting anger become bitterness, and I forgive the person at whom I’m mad.

With nightly practice, I now sleep well. I pray that these strategies help you suit up for good sleep!